

Fort Worth Chapter #1354 | Phone: (682) 201-0837 | email: tcffortworth@gmail.com

Chapter Website: www.thecompassionatefriendsfw.com

#### STEERING COMMITTEE Chapter Co-Leaders David & Suzie Wilkinson

### Hospitality / Meeting Setup

René Willars Chloe Willars Donna Tusan Janet DuPertuis

<u>Librarian</u> Sharon Austry

<u>Secretary</u> Becky Long

<u>Newsletter / Website</u> Chloe Willars René Willars

<u>Treasurer</u> Charles Dean

Welcome Bags Janet DuPertuis

<u>Welcome Table</u> Jerry & Sharon Austry Donna Tusan

Additional Members Charles & Genie Dean Lydia Moore Steve Roberts

Regional Coordinator Bill Campbell (972-935-0673) jojobill@sbcglobal.net

#### **TCF National Office:**

The Compassionate Friends 48660 Pontiac Trail #930808 Wixom, MI 48393 Call toll free: (877) 969-0010 9 AM-5 PM, CST, Monday-Friday. Email: <u>nationaloffice@compassionatefriends.org</u> Website: www.compassionatefriends.org Facebook: The Compassionate Friends/USA In Spanish: Los Amigos Compasivos/USA Twitter: Text follow TCFofUSA to 40404 Our regular chapter meetings are held the 2<sup>nd</sup> Tuesday of every month at 7:00pm at Arborlawn United Methodist Church, Room 271

\*Please note that the doors of the church are now automatically locked. When attending a meeting you must go in at the main entrance by the office prior to 7pm.

#### \*\*\*\*\*New Member Recruitment\*\*\*\*\*

We'd like to give a huge thanks to David and Suzie Wilkinson involvement as Chapter Leaders of The Compassionate Friends, Fort Worth Chapter for the last 2 years. The steering committee has ushered in so many successful initiatives under their leadership, and we are excited to find the next group of members who can continue bringing good ideas to the group!

The Chapter Leadership role opens up March 1, 2024. We also have many more opportunities for involvement on the steering committe. If you have an interest to become involved and be a part of the steering committee. please reach out to a board member for more information. We welcome your interest and your participation!

### A SPECIAL MESSAGE TO NEW MEMBERS

To those of you who are newly bereaved and receiving our newsletter for the first time, we warmly welcome you to The Compassionate Friends. We are a self-help organization of parents, grandparents and adult siblings who have experienced the death of a loved one. We offer understanding and support through our monthly meetings, a lending library, support materials and loving telephone listeners. Please do not be afraid to come to a gathering. Every other person in the room has lost a child, grandchild or sibling. They come because they feel the need to be with someone else who understands. We know it takes courage to attend that first gathering, but those who do come find an atmosphere of understanding from others who have experienced the grief that you have now. Nothing is asked of you. There are no dues or fees and you do not have to speak. There is a special feeling at meetings of The Compassionate Friends.

### **Monthly Program:**

Refreshments are provided each month by volunteers. Please sign up to bring snacks to share. We also ask that no one bring any snacks containing nuts. Paper goods and drinks are provided

Join friends at the Arborlawn United Methodist Church Room 271 5001 Briarhaven Road Fort Worth, TX 76109

Celebrate life



THE BIRTHDAY TABLE WILL BE AVAILABLE AT OUR MEET-ING THIS MONTH. IF YOUR LOVED ONE'S BIRTHDAY IS IN THE MONTH, PLAN TO BRING A MEMENTO IN HONOR OF YOUR LOVED ONE'S BIRTHDAY. AND REFRESHMENTS TO SHARE!

## **UPCOMING EVENTS**

**January 9, 2024** Chapter Meeting at 7:00pm Topic: TBD

January 2024 (Date & Time TBD) Steering Committee Meeting

February 13, 2024 Chapter Meeting at 7:00pm

March 12, 2024 Chapter Meeting at 7:00pm

April 9, 2024 Chapter Meeting at 7:00pm



## TALK TO A TF FRIEND

Listed below are parents, grandparents and siblings who have walked where you are today. If you are having a difficult day and just want to talk, please call. *It isn't necessary to call someone who has suffered a loss identical to yours.* 

> Addiction David 214-686-1901

Auto Jeff & Marty 817-475-9141

Grandchild/Multiple Loss Lydia 817-829-3801

> Drowning Debi 817-602-4018

#### Long Term Illness Marty 817-726-7218

### Homicide/Loss of all Children

Donna 817-690-8741 drjtusan@gmail.com

### Homicide/Loss of Only Child

Steve 682-583-0125 sjr1216osu@gmail.com

Siblings Suzie 214-686-1907

Spanish Speaking (Español) David 214-686-1901



### **LOVE GIFTS**

A Love Gift is a donation made in honor of a child, grandchild or sibling who has died or as a memorial to a relative or friend. Donations are tax deductible and are a means to allow us to reach out to other bereaved families through books and programs, and to help us hold monthly meetings and events. If you would like, you can specify that your love gift be used for specific use, e.g., continuing education, workshops, memorial event, or books for our lending library.



You can donate through the TCF Fort Worth Website at: <u>https://www.thecompassionatefriendsfw.com</u> or you can bring a check to a monthly meeting or event made out to <u>The Compassionate Friends Fort Worth</u>.

#### **Recent Love Gifts In Memory of:**

Sydni Pena Chase & Graham Davidson Kelsey Marie Roberts Mark Stanley Austry Devon Becker Michael Wilkinson and Michelle Baker Phillip Wayne Dean

P.O. Box 3696 Oak Brook, IL 60522-3696

The mission of The Compassionate Friends: When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a brother or a sister, or a grandchild, and helps others better assist the grieving family.



## **SNOW**

Every snowflake that falls is unique and has its own individual design. There are beautiful patterns in each snowflake and even the tiniest of flakes have their own markings. These patterns change again and again...even after the flake touches the ground. Each snowflake is a cause for wonder; each flake is one of a kind. No two are exactly alike. Like the snowflake, our beautiful children were unique and special; some we only dreamed about and some danced upon the earth. They filled our lives with wonder and transformed our world. We held them too briefly, but we will hold them in our hearts forever. We shall remember them always. At this time of remembering, it may help to reflect upon how our lives have been enriched by the love we have given and the love we have received from our children. Our children leave treasures behind that time can never take away.

~Denise Falzon, TCF/Lake Area, MI

# The Compassionate Friends Credo

We need not walk alone. We are The Compassionate Friends.

We reach out to each other with love, with understanding, and with hope.

The children we mourn have died at all ages and from many different causes, but our love for them unites us.

Your pain becomes my pain, just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races, creeds, and relationships.

We are young, and we are old.

Some of us are far along in our grief,

but others still feel a grief so fresh and so intensely painful that they feel helpless and see no hope.

Some of us have found our faith to be a source of strength, while some of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression, while others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share, just as we share with each other our love for the children who have died.

We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together.

We reach out to each other in love to share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts, and help each other to grieve as well as to grow.

We Need Not Walk Alone. We Are The Compassionate Friends.

### SIBLINGS WALKING TOGETGHER (FORMERLY THE SIBLING CREDO

We are the surviving siblings of The Compassionate Friends.

We are brought together by the deaths of our brothers and sisters.

Open your hearts to us, but have patience with us.

Sometimes we will need the support of our friends.

At other times we need our families to be there.

Sometimes we must walk alone, taking our memories with us, continuing to become the individuals we want to be.

We cannot be our dead brother or sister; however, a special part of them lives on with us.

When our brothers and sisters died, our lives changed.

We are living a life very different from what we envisioned, and we feel the responsibility to be strong even when we feel weak.

Yet we can go on because we understand better than many others the value of family and the precious gift of life.

Our goal is not to be the forgotten mourners that we sometimes are, but to walk together to face our tomorrows as surviving siblings of The Compassionate Friends.

